

THE DELI

Served all day

Freshly prepared and all served with your choice of:

- **Chunky Chips**
- **Mixed Leaf Salad**
- **Tortilla Chips with sweet chilli**

SANDWICHES

Choose from:

Thick Cut White

Thick Cut Brown

Sausage* with tomato or BBQ sauce	£5.30
Cajun chicken mayo	£5.90
Bacon and cheese*	£5.50
Avocado, bacon, chicken & mayo	£5.90
Fish finger* with tomato or tartar sauce	£5.20
B*LT	£5.50
Tuna mayo	£5.50
CLC (cheese, lettuce and cucumber)	£5.00

*served hot

HOT BAGUETTES

Steak and mushroom with BBQ sauce	£6.90
BBQ chicken, bacon and cheese	£6.70
Mushroom, peppers and onion	£5.80

WRAPS

• Shredded duck with cucumber and spring onion in hoi sin dressing	£5.90
• Masala spiced chicken with salad	£5.70
• Feta cheese and mixed pepper salad with pesto mayo	£5.50

CHEF'S CHOICE SANDWICHES

Toasted Steak Triple Club £7.90

Char-grilled steak, mushrooms, onions, BBQ sauce & crispy lettuce. Perfect for steak loving food hedonists who won't settle for 2nd best.

Toasted Chicken Triple Club £7.60

Hot and juicy char-grilled chicken, tomatoes, juicy bacon, mozzarella, crunchy lettuce & home made pesto mayo. Half the price a poncey hotel club sandwich – and, we think, twice as good.

Sam's Burger Triple Club £7.30

The kind of sarnie that celebrity chefs reach for when the cameras are off: Fresh beef burger, mayo, bacon, cheese, and sweet chilli. All in three slices of thick toasted bread. Weird? Arguably. Wonderful? Most definitely!

STARTERS £4.00

available with Main Plates and Burgers only

Duck Spring Rolls

8 mini spring rolls with a spicy plum sauce

Lamb And Mint Koftas

served with a sour cream dip

Brussels Pate

served with toasted brown bread and cucumber

Garlic Mushrooms

topped with shaved Parmesan and served on a toasted crouton

Combo Platter

Breaded mushrooms, onion rings, potato wedges with your choice of dip.

Tomato and Basil Bruschetta

Chopped tomato and basil with peppers and red onions served on toasted crutons.

MAIN PLATES

Generous Portions, Big on Flavour - Served all day

New York Chicken £7.50

A whole fresh chicken breast, topped with bacon & BBQ sauce, and mozzarella. Served with chunky chips & salad garnish... God bless America!

New York Steak £8.90

A classic dish of flame grilled, 8oz medium and juicy rump steak, topped with mushrooms, cheddar, and BBQ sauce. Served with chunky chips.

Why not try the blue cheese option for just 70p more!

Spinach and Ricotta Cannelloni £7.40

A heart warming veggie classic served with garlic bread & chunky chips.

Heidi Pie £7.80

This veggie pie is a big seller in Harrods. Why? The bakers (Pieminister) surround goat's cheese, sweet potato, spinach, red onion and roasted garlic in what they rightly describe as 'lovely' pastry. Served hot with our own pesto mash.

Chicken Formaggio £7.70

Fresh Chicken Breast, flame grilled, crowned with Mozzarella and topped with a tomato, pepper and basil sauce. Served with sautéed new potatoes and salad.

Sausages and Mash £6.90

3 juicy, locally made Saxon sausages, served with our famous mustard mash and gravy.

Steak TDF £10.50

Juicy. patè topped, 8oz rump steak, sat on a toasted crouton, under a rich brandy sauce. Served with sautéed potatoes, mushrooms and onions.

Rump Steak (8oz) £8.50

Juicy char-grilled steak served mouth-wateringly simple. Tomato, mushrooms and chunky chips.

Scampi and Chips £7.20

Crispy, succulent whole tail scampi, chunky chips & tartar sauce. Don't be put off by the sweaty stuff you get in your local family pub - squeeze some lime over our scampi and taste the difference.

Salmon with Soy and Ginger Glaze £8.40

Fillet of Salmon cooked with an exceptionally tasty glaze, Served with new potatoes and salad.

MORE MAINS

Chicken and Bacon Salad £7.60

Juicy flame grilled chicken, crispy bacon, red onions, peppers and tomato tossed in Balsamic or Caesar dressing as you prefer.

Shredded Duck Salad £7.80

Hot duck and hoi sin sauce with a crunchy salad of lettuce, cucumber, spring onions and mixed peppers.

Chicken Pasta in Creamy White Wine Sauce £7.90

Penne pasta, freshly grilled chicken and bacon with red onions, and mushrooms in a creamy white wine sauce with a hint of garlic.

Please let us know if you would prefer a mixed cheese sauce – it's no problem!

Tomato and Basil Chicken Pasta £7.90

Freshly made tomato and basil sauce, with freshly grilled and sliced chicken breast, peppers, bacon and olives.

Note: feel free to swap out meat for vegetarian ingredients in our pasta and salad dishes. It's no problem as our chirpy chefs are happy to help!

BURGERS £6.90

All burgers are served in a lightly toasted flour bap, with crunchy lettuce, onion and tomato. Served with lots of chunky chips. Choose from the list below – then add some extras

Beef

fresh from our jolly butcher. Served juicy.

Cajun Chicken

butterflied, char-grilled breast with mayo

BBQ Chicken

Butterflied char-grilled breast with smokey BBQ sauce.

Veggie

Crumb coated vegetable burger with home-made pesto mayo

Burger Extras (per burger) 50p for 1, 90p for 2, and just £1.20 for 3

Bacon • Cheddar • Blue Cheese • Mushrooms • 4 Onion Rings

DESSERTS

Go on – spoil yourself...

That Chocolate Heavenly Thing £3.80

A praline chocolate and white chocolate cheesecake, with a chocolatey glaze and biscuit base. Served with vanilla ice cream.

Banana and Amoretti Cheesecake £3.80

Amoretti biscuit base layered with a deep banana cheesecake filling, finished with a layer of crushed Amoretti Biscuit and served with vanilla ice cream.

Peach and Strawberry Crumble £3.90

Home made crumble with real fruit topped with a Hob Nob crust, lightly drizzled with luscious Agave Syrup. Served hot with custard.

Rum and Spiced Pear Crumble £4.30

This is one of our home made classics, pepped up with ginger and cinnamon – oh, and a dash of rum as well! Served hot with custard.

Ben & Jerry's Sharer £6.40

A whole 500ml tub of Cookie Dough Ice Cream and as many spoons as you need! (This counts as desserts for 2 on our evening special menu).



LIGHT LUNCH

*Plenty big enough to send you back to work satisfied – without the need for a power nap
...and leaving you time to gossip about Mike in accounts...*

Available from 12-3pm every day

Cod and Pancetta Fishcakes £4.80
Two tasty fishcakes served with a small salad drizzled with honey and mustard dressing. – **Add pesto mash for just £1 more.**

Chicken Skewers £4.90
A whole breast sliced and skewered, basted in one of the following coatings and char-grilled. Accompanied by a small salad drizzled with balsamic oil.

• Cajun • Sweet Chilli • Tandoori • Magic Masala (wow!)
Add Shoestring Fries or Chunky Chips for £1

Jacket Wedges £4.50
A bowl of our finest skin-on jacket wedges with bacon, spring onions, and cheese – with your choice of dip

Potato Salad £4.90
A satisfying portion of our own made potato salad with bacon, red and spring onions, served with mixed leaf lettuce.

Tuna Pasta Salad £4.80
A modest pasta salad of seasoned tuna mayo, with peppers and spring onions.

Tomato and Feta Salad £4.60
A small and simple salad of sliced tomato, cucumber and crumbled feta cheese, sprinkled with our special spiced seasoning and drizzled with balsamic dressing.

Oven Baked Jackets £4.70
A generous sized baked potato with a topping from the list below:

Cold: • Grated Cheese • Tuna Mayo • Cajun Chicken Mayo
Hot: • Chicken and Bacon in BBQ sauce • Beans and Cheese
• Tuna and Cheese • Bacon and Cheese

SPOT SNACKS

Served all day

Chips and Dip £3.00

Chips with Cheese £3.80

Upgrade • To Twister Fries for 50p more
• With Magic Spice for 20p more
(the best 20p you'll ever spend if you like a bit of spice in your life)

Quesadillas £4.60

A tasty grilled flour tortilla sandwich served nice and simple.

• **Duck and spring onion with hoi sin and mozzarella**
• **Spicy beef with peppers, guacamole, red onions and cheese**
• **Cheese, peppers and red onions with guacamole**
• **Sweet chilli chicken and cheese**
ADD SHOESTRING FRIES FOR £1

Cajun Chicken Nachos £5.80

Warm tortillas with juicy and spicy cajun chicken, cheese, peppers, and onions, with sour cream, guacamole, and salsa dips

DIPS:

(all 40p where not included)

• Garlic Mayo • Sweet Chilli • Pesto • Mayo • Sour Cream
• Honey & Mustard • Salsa • Tartar • BBQ

Pre orders:

If you're in a rush, or you're a large group why don't you pre-order your food. Call us on 01793 420099 to pre book a time, and e mail us your order. Full details from our team – or on www.thespotbar.co.uk

Weights:

Any declared weights are approximate and refer to pre cooking.

Waits:

We try not to keep you waiting too long, but ask you to appreciate that food prepared with care is worth waiting for. If you are in a rush let our staff know before you order, and they will give you an estimate of how long you can expect to wait. We would rather be honest with you and see you next time, than disappoint you today.

Allergies:

If you have an allergy to a certain food – or even just a weird phobia – please check before ordering. We are always happy to answer your questions about ingredients.

As so much of our menu is freshly prepared in our own nut processing kitchen we regret that we are not able to offer a 100% guarantee of any product being free of traces of nuts. Sorry.

EVENING SPECIAL

Free Starter or Dessert with every Main Course

Available Every Evening from 6pm

Conditions apply. Come inside for further details